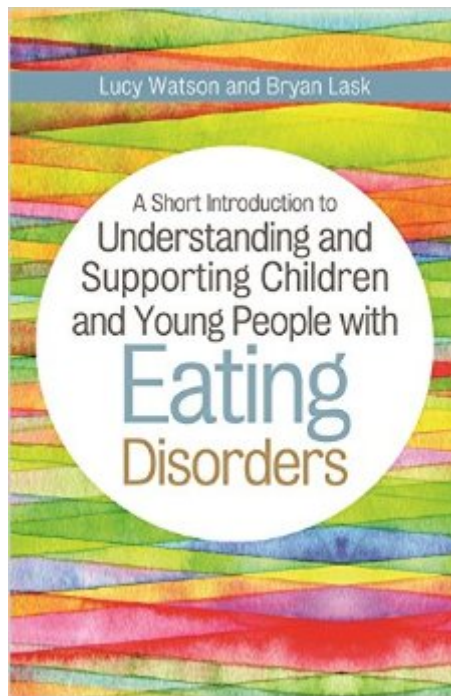


The book was found

A Short Introduction To Understanding And Supporting Children With Eating Disorders (JKP Short Introductions)



Synopsis

Increasing numbers of children and young people are presenting for treatment of an eating disorder, but there are many different types and they are often confused, making it difficult to know what support to offer. This easy-to-read guide presents all the vital information on a range of eating disorders: anorexia nervosa, bulimia nervosa, selective eating, and avoidant and restrictive intake disorders. Each eating disorder is clearly defined, making it easy to draw distinctions between them. The book covers their origins, characteristics and typical development, letting teachers and parents know what signs to look out for. There is practical advice on how to help young people, strategies for overcoming common difficulties, as well as information on available treatments. Vignettes feature throughout to help teachers and parents apply knowledge to real-life situations. This is an essential resource for teachers and parents of children and young people with eating disorders.

Book Information

File Size: 3000 KB

Print Length: 114 pages

Page Numbers Source ISBN: 1849056277

Publisher: Jessica Kingsley Publishers (April 21, 2016)

Publication Date: April 21, 2016

Sold by:Â Digital Services LLC

Language: English

ASIN: B01CO8FCEE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #2,939,331 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #95

inÂ Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #428 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Eating Disorders #1476 inÂ Kindle Store > Kindle eBooks > Nonfiction > Self-Help > Eating Disorders & Body Image

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